

BREAKFAST

Breakfast is served all day



Eat In or Take Out

Monday closed
Tuesday—Thursday 7 a.m.—5 p.m.
Friday and Saturday 7 a.m.—9 p.m.
Sunday 8 a.m.—2 p.m.

EGGS AND THINGS

All Eggs Come With Home fries and Choice Of White, Wheat, Or Rye Toast. Substitute A Biscuit, English Muffin, Or Bagel For .75¢

1 Egg Any Style 2.25

2 Eggs Any Style 2.75

Add a side of meat for an additional 2.95

Your Choice of Ham, Sausage, Kielbasa, Smoked Bacon, Scrapple or Soy Sausage

ALL STIRRED UP

All ingredients are mixed together over Home fries. Served with or without scrambled eggs mixed in too! Choice of white, wheat or rye.

Jon Solomon's Veggie Stir

Tomato, Onion, Asparagus, Wild Mushrooms, and Broccoli. Topped with Asiago Cheese 8.25

Charlotte

Bacon with Red and Green Peppers, Onion, and Tomato. Topped with Cheddar Jack Cheese 8.25

Antonio

Sausage, Tomato, Spinach, Onion, and Red Pepper Topped with Feta Cheese 8.25

SWEETS AND TREATS

Short Stack of French Toast 3.50

Full Stack of French Toast 4.25

add one of our fresh fruits of the day 1.50

Banana Bourbon French Toast

Decadent! 7.25

With chocolate chips 75¢

Sweet Cream Cheese Stuffed French Toast

topped with Fresh Fruit and Whipped Cream 6.00

Short Stack of our Seasonal Pancakes

see special board for details 6.00

EXTRAS

Side of Meat

Applewood smoked bacon, soy sausage, ham, sausage, kielbasa or scrapple 2.95

Home fries w/ Onion, Jack Cheese, and Hot Sauce 3.95

Fruit Cup 3.50

Bagel w/ Butter & Jelly 1.95

Choice of Cin/Raisin, Everything, and Plain

Bagel w/ Cream Cheese 2.75

Side of Toast - White, Wheat, and Rye or a Biscuit 1.60

Family farm tapped maple syrup 1/4 cup 1.25

SPECIALTIES

Blue Sky's Famous Buttermilk Pancake

Big Daddy 3.75

Feeling Brave—double it 6.25

Trust us—One's enough!

Little Mama 2.75

can't double a mama

Add one of our fresh fruits of the day 1.50

Southern Shotgun Gravy

(that's sausage gravy, Yankee!) over biscuits OR home fries

7.25

Weekends Only / Limited Supply

Lily's Oats

Old fashioned oatmeal, with craisens, walnuts, apples and raisins. 5.75
brown sugar and milk served on the side

Cinnamon Oatmeal

with bananas and real maple syrup 5.25

Old Fashioned Oatmeal

with brown sugar and raisins 3.50

Sweet Potato Quesadilla

My all time favorite!

A tribute to The Sunflower

Topped with 2 scrambled eggs, black bean salsa, and sour cream 7.95

Jambalaya Frittata

Andouille sausage, shrimp, creole green pepper and onion, tomato, cheddar jack cheese 10.25

Super Weekday Specials

7AM—11 AM TUESDAY-FRIDAY

(No substitutions)

2 Eggs Any Style

with Bacon or Sausage, Home fries, and Toast 4.00

Single Pancake or Short Stack

of French Toast with 2 Eggs 4.00

and choice of meat 5.50

(Does not include home fries or toast)

Meat and Cheese OR Veggie and Cheese Omelet

choice of 1 meat OR veggie and 1 cheese served with toast

5.75

Breakfast Club

2 eggs, bacon, lettuce, tomato and mayo on Texas toast or choice of wrap 6.25

OMELETES

Served with Home fries and Choice of White, Wheat or Rye

CREATE YOUR OWN

Start with a plain omelet 3.95

Add a choice of cheese 1.25 each

American, Cheddar Jack, Swiss, Fontina, Goat or Feta

Add a choice of veggie 1.25 each

choices include

broccoli, onion, wild mushroom, red or green pepper, tomato, asparagus, spinach, garlic, or pesto

Top it off with a meat 2.00 each

Ham, Sausage, Kielbasa,

Applewood Smoked Bacon or soy sausage

OR CHOOSE ONE OF OURS

Blue Sky

Fresh Spinach, Garlic, and Feta Cheese 7.25

Southside

Sausage, Garlic, Pesto, Tomato, and Fontina Cheese 8.25

Steel City

Applewood Smoked Bacon, Shallots, Wild Mushroom, Tomato, and Smoked Gouda Cheese 8.50

Diablo

Kielbasa, Black Bean Salsa, Cheddar Jack Cheese all topped with Sour Cream 7.95

FRITTATAS

Served with Home fries and Choice of White, Wheat or Rye

Portobello mushroom, shallot, garlic, and green pepper with fontina cheese 8.25

Broccoli, red onion, spinach, and wild mushroom topped with Goat Cheese 8.25

Sausage, pesto, and spinach, with asiago cheese 8.00

SANDWICHES

Breakfast Burrito

Eggs, black bean salsa, chipotle sauce, cheddar jack cheese, and home fries 5.75

Breakfast Sandwich

2 Eggs Served on Your Choice of White, Wheat, or Rye a choice of cheese and a choice of meat 4.50
may substitute a veggie for the meat

Fried Egg Rueben

Fried Egg, Sauerkraut, Swiss, and Thousand Island on Rye. Served with home fries 7.95

The Mega Breakfast Sandwich

Eggs, avocado, onion, tomato, and pesto—top it with smoked gouda cheese, then serve it from our hot Panini grill on your choice of focaccia bread. Served with home fries 8.25